

NCAC CROSS COUNTRY CHAMPIONSHIPS

Kenyon College

1. Date: Saturday, October 27th
2. Time: Women 6k - 11:00 a.m.
Men 8k – 11:45 a.m.
3. Awards: 1:00pm. Field Hockey stands. Inclement weather site:
Barrett A Toan Indoor Track
4. Parking: Vans may park in parking area at soccer fields. Busses park at
lower Kenyon Athletic Center (KAC) parking lot.
5. Course: Flat to slightly rolling. The start is south of the KAC on the
athletic fields and by the hammer throw area. The finish is
nearby.
6. Inspection: The course will be available for inspection Friday evening and
Saturday morning. Packets will be available during inspection.
7. Trainers: Will be available with ice and water at the finish line and will have
a vehicle following the last place runner.
8. Results: One hand copy per team and will be on-line at
<http://athletics.kenyon.edu/index.xml>
9. Showers: Showers available in the KAC. Bring own towels and locks.
10. Entry: Due to Run High on Monday, October 22nd, 7:00pm. You may
enter up to 15 runners per team, of which 12 or less will
participate on race day.