



On-Line Registration for XC Events

This year's XC event will be timed by Runner's High using the ChampionChip timing technology.

Registration for the event will be accepted only ON-LINE via the **runhigh.com** website. The format is the same as it was last year, and it worked well.

The rosters from last year have been updated to eliminate last year's seniors and move all the other runners up one year (1 to 2, 2 to 3, and 3 to 4, etc). All you have to do is log in and add your new runners and delete any who may not be running this year.

As in the past, once you have registered your team into the database, you can quickly register for any event on the "Upcoming Events" list.

The full explanation for this registration process is on the **runhigh.com** website. (Main Menu / Cross Country Information).

This registration service is available to any cross country meet director. Even if Runner's High is not providing the timing services for the event, we can provide a valuable service to the meet for a nominal fee. Call S. Mark Courtney for more info: (724) 866-1374.