KENYON ATHLETICS FOSTERS LEARNING AND BUILDS COMMUNITY BY FOCUSING ON CITIZENSHIP, COMPETITION, RESILIENCY, SPORTSMANSHIP, AND TEAMWORK WITHIN KENYON’S UNIQUE CAMPUS CULTURE.
WELCOME BACK to the KAC and to SPORTS

New Health and Safety Protocols:

❖ Campus Quiet Period & COVID Testing
❖ Phased Return to Sports
❖ KAC Operations

Assessment
CAMPUS QUIET PERIOD

Week 1 of Classes:

❖ Individual fitness workouts allowed outdoors
  ➢ No use of athletics equipment
  ➢ No more than 10 individuals on a field
    ■ Each person working out individually
  ➢ Maintain physical distance from others
COVID TESTING

All students complete 3 tests initially and then may be tested periodically through term:

❖ Rounds 2 & 3 occur during first two weeks of classes
❖ If positive test:
  ➢ Student-athlete will be notified by testing company
  ➢ Sports Medicine staff will be notified
  ➢ Student-athlete should notify coach
  ➢ Student-athlete will be quarantined
  ➢ Return to sport will be determined by Sports Medicine with team physician guidance
PHASED RETURN TO SPORTS

NCAA guidelines recommend phased approach:

❖ Recognizes the long period away from sport for many student-athletes
❖ Provides adequate time for acclimatization to campus and resocialization
❖ Allows for gradual preparation of body for demands of sport
   ➢ Reduces injury
PHASED RETURN TO SPORTS

Phase I:
❖ Focus on individual skill work and physical fitness
  ➢ No coaching permitted
  ➢ Physical distancing required
  ➢ No sharing of equipment
  ➢ Student-athletes bring filled water bottle
  ➢ Groups of up to 10 in shared space
  ➢ Masks worn except when engaged in training
PHASED RETURN TO SPORTS

Phase II:

❖ Coach-led training for full team in groups of up to 10
  ➢ Interactive drills and training
    ■ No offense vs defense or 1-on-1
    ■ Physical distancing maintained where possible
    ■ Some shared equipment
  ➢ Masks worn when not in activity or drill
PHASED RETURN TO SPORTS

Phase III:

❖ Incremental return to fully interactive training
  ➢ Small group play (with limited offense vs defense)
    ■ Attempt to keep same groups intact for training
    ■ At least one week of small group training
  ➢ Build up to full team interaction
  ➢ Masks worn when not in activity or drill
KAC OPERATIONS

Building access:
❖ Duff Street front entrance during business hours
❖ South KAC lot: EXIT only
❖ Team access through Duff Street and Meadow Lane (after practice)
KAC SAFETY MEASURES

Fitness and Recreational Use of KAC Facilities:
❖ Must schedule via KACFit app
  ➢ No Fitness Center use before or after normal operating hours.
❖ No family members/guests
KAC SAFETY MEASURES

Locker Room:
❖ Belongings must be placed in or on top of locker.
❖ Valuables must be locked with provided master lock.
❖ Must wear masks and physically distance where possible.

Laundry:
❖ Loop service provided per Equipment Room protocols
❖ 1 Towel provided per day
ASSESSMENT & ATTESTATION

After reviewing these slides, you will need to take the quiz and provide attestation to having received, read, and understood the student-athlete training protocols and KAC operations.

This will need to be completed prior to Monday, September 7.